



Fenestra Research Labs

The World Leader In Wellness Studies

Understanding Hydration

- from Melonie Montgomery,

Fenestra Research Labs

“About 8 years ago, I began creating a cellular analyzer to take the guess work out of the Wellness information being widely quoted within the health care field. I gathered all of the information modalities, which had become standard in the industry proven to indicate health concerns before they became health problems.

This has resulted in the Optimal Wellness Test, which has been a compilation of research in the many different fields of science including; Microscopy, Standard Blood panel analysis,

Standard Urine panels analysis, Standard Saliva panel analysis, Bio-Terrain analysis, REAMS testing by Dr. Carry Reams, Bioelectric Impedance Machine (FDA approved system), symptomology, medical diagnosis, history intakes, and general questionnaires. Each one of these systems has several areas where they overlap or provide validation for the others, as well as provide invaluable scientific data. It is from these works that I have compiled the standards for the Optimal Wellness Test.”

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